

# February 2008

## VOICE OF ZION

A Monthly Publication of  
 Zion Lippe United Church of Christ  
 9000 Copperline Road E  
 Mount Vernon, Indiana 47620  
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 Website Address: www.zionlippe.org  
 Publication Date is the 20th of every month.

Secretary Hours:  
 Tues., Wed. and Thurs. 8:30 to 12:30  
 Rev. Kenneth Scherry, Pastor

Home Phone: 812 985 5236  
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**SUNDAY MORNING**  
 Sunday School at 9:00 a.m.  
 Family Worship at 10:00 a.m.

### ATTENDANCE

Date	Worship	Sunday School
12-30	159	55
1-6	205	85
1-13	171	81
1-20	201	78
1-20	32	Tempo

### ACOLYTE

2-3	Quinten A.
2-6	Jourdan C. (Ash Wed.)
2-10	Cory L.
2-13	Nicholas N. (Lenten Service)
2-17	Kayla H.
2-20	Melissa S. (Lenten Service)
2-24	Claire S.
2-27	Shelby S. (Lenten Service)

### GREETERS

2-3	Mike & Jennifer Cotton
2-10	Jim & Hilda Donner
2-17	Orvel & Vicki Schroeder
2-24	Bill & Annette Payne
3-2	Dustin & Kim Bredemeier

### LITURGIST

2-3	Levon S.
2-10	Andrew S.
2-17	Wendi S.
2-24	Morgan S.
3-2	Kyle S.

If you are not able to serve on the appointed date, please try to find a replacement and contact the church office with the change information.



## “A Hair Raising Story”

For several years there lived a young man who seemed to pass up the barber shop for quite a long time. His hair grew and grew, first over his ears, then down his neck and even longer. It was always well kept, but seemed to sometimes be an aggravation to him, as he had to brush it back with his hand if he wanted to really see. People sometimes wondered, “Why doesn’t he get a haircut like all his other friends of his age”. But it didn’t seem to bother him to be different from the rest of the boys. One day he appeared with all his hair cut off, and his head as bald as a billiard ball. I wondered if this was another new style he had adopted, and I was told the following story: He had heard of a program whereby people could donate their hair to people who had lost their hair because of cancer treatment. The boy contacted that service where human hair was used, and pledged that he would let his hair grow to the required length, then he had it cut and donated his hair to make a wig for someone who had lost his hair through cancer treatment. It really had nothing to do with vain style but was a living sacrifice for one to pay for being different for a good cause . . . . . That young man is one of us. His name is Zach Schroeder. Thanks Zach, for allowing me to tell this great story.



### Lenten Services & Meals

February 6, Ash Wednesday Service, 7:30 PM  
 Each Wednesday, February 13 through March 12,  
 Lenten Services, 7:30 PM  
 March 20, Maundy Thursday Service, 7:30 PM  
 March 21, Good Friday Service, 7:30 PM

A light meal will be served before the February 13 through March 12 Lenten Services, 6:15 PM.  
 A free will offering will be taken for the meals, proceeds will go to the Partners for Food Fund.



## FEBRUARY

In order to share in the joys and celebrations of our lives as a congregation we publish a monthly list of birthdays and anniversaries of members and friends of Zion. Numbers in ( ) represent year.

### HAPPY BIRTHDAY!

- 1 Diana Boylls, Eleanor McRae, Paul Rynkiewich
- 2 Kelley Esche, Amber Dillman  
Addison Niehaus
- 3 Paul Ziegler
- 4 Virginia Litteral
- 5 Katie Reineke
- 6 Patrick Schroeder, Sarah Ricketts
- 8 Opal Juncker, Curt Muntzer, Sara Whitfield
- 9 Ronald Schroeder
- 12 Melissa Rynkiewich, Linda Lowe
- 13 Brandon Reese
- 14 Brenda Canada, Leon Austin, Kimberly Moye
- 15 Donna Reineke, Sherry Wuertz
- 16 Mindy Niehaus
- 17 Wilburn Dickhaut, Pam Martin,  
Kellie Grabert
- 19 Adam Schroeder, Bobby Hopple
- 21 Justin Wuertz
- 22 Stephanie O'Risky, George Esche,  
David Reese, Liz Kleiman, Rev. Ken Scherry, Mackenzie Dickhaut, Scott Herrenbruck, Sarah Herrenbruck
- 23 Harold Schroeder
- 25 Sara Droege, Darlene Roedel, Grace Cullman
- 26 Cory Lingafelter
- 27 Mackenzie Smith, Kathy Duncan, Kelsey Duncan
- 28 Dan Buening

### HAPPY ANNIVERSARY!

- 14 Paul & Marcia Droege (93)
- 17 Paul & Rhonda Schorr (62)
- 24 Donald & LeeAnn Hoenert (63)

If your birthday or anniversary is not listed or not correct, please call the office at 985-2437 so we may update our records. Thanks for your help!

## Church Council 2008

Larry Lewis-President  
Jan Droege-Vice President  
J J Mohr-Secretary  
Tina Spears-Treasurer  
Gail Lashley-Evangelism  
Leon Austin-Education  
Terry Schroeder -Stewardship  
Ron Strupp-Property  
Tanya Schmitz-Recreation



### 2008 Sunbeams Senior Citizens Dinners

**February 28 - 11:00 a.m. dinner**

**April 24 -11:00 a.m. dinner**

**August 28 - 11:00 a.m. dinner**

**October 23 - 11:00 a.m. dinner**

**December 7 - fruit plates for shut-ins**

**December 18 - 11:00 a.m. dinner**

We welcome all of Zion's "Senior Citizens" to come and enjoy a wonderful meal and time of fellowship.

Sunbeams: Anna Droege, Ruth Redman, Alice Garness, Laverne Deal, Sharon Schroeder, Jan Reed, Martha Ziegler, Judy Rueger

### Brunch Bunch News

There was a great turn-out for our January gathering – 23 in total! What is special is that we have persons of varied ages attending, which makes for good fellowship.

Our February meeting will be on February 10, immediately after the worship hour. The place is Meadows Catering at 4525 N. First Ave. in Evansville. (Familiar nearby landmarks are Buehler's Grocery, the bowling lanes, and across the street from the former library.)

The cost for the buffet including a salad and dessert bar is \$9.95 plus \$1.50 for a beverage. Please gather near the front of the church so we can get an accurate count to phone in reservations.

Angless Schwindel and Ruby Schroeder

***Jr. Youth Event  
Bowling on February 17***





## A WORD OF THANKS . . .

I would like to thank the carolers for their songs this past Christmas, the Sunbeams for their bag of treats delivered by Anna Droege, and my relatives & friends for their Christmas cards and visits throughout the year. Also, thanks to Dorothy Esche for her cookies and fruit, the church for the poinsettia delivered by Ruth Redman, Ruby Schroeder for her gift of tablet paper and reading the Christmas story to me from the Bible, and Rev. Scherry for bringing me communion and his visits throughout the year as well. God bless all.

Emma Reese

I would like to thank the church for the beautiful flowers and Rev. Scherry for all his visits to the hospital. All the cards and calls were really appreciated. Thanks also to the Sunbeams for the goodies and to Anna Droege for delivering them to me and spending time to visit.

Ethel Boberg

We want to thank the good people at Zion for the very generous Christmas Gift given to us on Christmas Eve. It is such a blessing to be the pastor of such a great congregation. Also thanks for the cards, notes, gifts and smiles given over the Holiday Season. Our New Year wish is for peace and good will to abound in all our lives

Ken & Sue Scherry

I would like to thank the church for the beautiful bouquet of flowers sent to me while I was in the hospital. Also, Rev. Scherry for his visits and prayers, they were appreciated, also thanks for the many cards. Thank you and God bless all of you.

Aletha Meeks

We want to thank you for the gift of potatoes. When people came in to pick up their food they were so grateful to get them. We are so blessed to have such kind and giving people in our community. Thank you again so much.

Mt Vernon Ministerial Association Food Pantry

Dear Friends at Zion,

Thank you for your gift of \$100 to the United Caring Shelter.

### Thank you for giving to the Lord!

To the Hanging of the Greens committee and others who helped in decorating the church and removing the Christmas decorations.

To all of you who served as greeters, liturgist and acolyte this past year. Your willingness to serve is appreciated.

To all who donated flowers through the year. Many of those were taken to our shut-ins who appreciated sharing a part of our church service.

To all of you who provide music through the year, especially Sandy Willett, Carol Jo Droege and Louise Roehr. The church appreciated you sharing those talents.

To our church secretary, Ruth Wintczak for her willingness to help whenever I needed it.

To Rev. Scherry and the Church Council for all your help and support. It has been a joy to serve with you.

To those who have joined our Heavenly Father, we certainly miss you and your talents, but enjoyed our time with you and remember your willingness to serve.

Thanks for giving to the Lord!

Worship Chairman, Ruth Redman



## Bible Study

Upcoming Bible Study dates are Thursday, January 31 and February 28, 7 PM in ZEC (Parsonage)  
Some study helps can be found in a lavender folder in the library on the checkout table. Please feel free to take one.

### “PUMP IT UP”

### FOR CHURCH CAMP

Mark your calendars for March 27<sup>th</sup>

6:30 – 8:30 PM

“Pump It Up” for Church Camp - \$10

Any member of church can bring a friend or friends.

More details coming soon.

**Sr. Youth** will be selling pizzas. Please fill out a form for each pizza. Pick up will be February 24. Youth will meet that morning to make the pizzas.

## Notes from the Nurses

My husband has never been one to make New Years resolutions. He says, "If I want to do something that needs to be done, I don't need a New Years resolution to do it. That way, if I break it, I can't blame it on anything". Statistics show that those who set New Years resolutions are 10 times more likely to attain those goals than non-resolvers.

Some of the most common New Years resolutions we make every year are lose weight, get healthy, and exercise more, just to name a few. It is now the end of January, are you still working on those resolutions? Did you eat healthier and exercise more for a few days or few weeks just to throw in the towel by the end of January? We need to remember to take baby steps to attain our goals. For those of us who want to lose weight, we did not gain 20 pounds overnight, so we are not going to lose weight overnight either. We need to try to remember to attain a healthier lifestyle by eating more nutritious meals, adding more activity to our day, and keeping these changes as a lifestyle, not a diet and the weight will come off as a result.

Obesity is a real concern in our world right now. Children are being diagnosed with type 2 diabetes at younger and younger ages. What use to be called adult onset diabetes isn't the case anymore. Some Dr's say we are becoming a generation of diabetes, which is diabetes caused by obesity and pediatricians are seeing this more and more. We do not have to give up everything we love and that tastes good to lose weight. It is recommended to eat healthy nutritious foods most of the time. Studies have shown if you allow yourself one day a week to eat whatever you want is acceptable as long as you are eating nutritious foods the rest of the week. Studies have shown that most times healthier choices were made even on those "cheat days".

What can we do to start eating healthier? There are 5 things we should stay away from for a healthy diet:

1. Sugar
2. White flour
3. High fructose corn syrup
4. Trans-fats
5. Saturated fats

Does this mean we can NEVER eat these items? Avoid them most of the time and eat more fruits, vegetables, and whole grains for a nutritious balanced diet. If you find you didn't do so well on your diet and exercise a particular day or two, don't throw in the towel and think all is lost. Remember you are in this for a lifestyle change, not an overnight weight loss diet. Just get right back on track and next year you may find you may have a New Years resolution different than the typical losing weight.

# WALK TO JERUSALEM

What would you say if I asked you to join me in walking from Zion Lippe UCC all the way to Jerusalem by Pentecost? After checking on the internet, we found that it is approximately 6400 miles from Zion to Jerusalem. That's a lot of walking, and I'm sure I'm not up to doing it by myself or even if we were walking together; and, of course, there is the Atlantic Ocean in between Zion and Jerusalem.

Let me explain. I'm not talking about one or two people making a literal journey from Zion to Jerusalem. I'm talking about as many people as are willing to collectively begin on February 24th to walk/run/skip or by whatever physical means possible to take enough "steps" to equal walking the approximately 6400 miles from Zion to Jerusalem and "arrive" by Pentecost on May 11<sup>th</sup>.

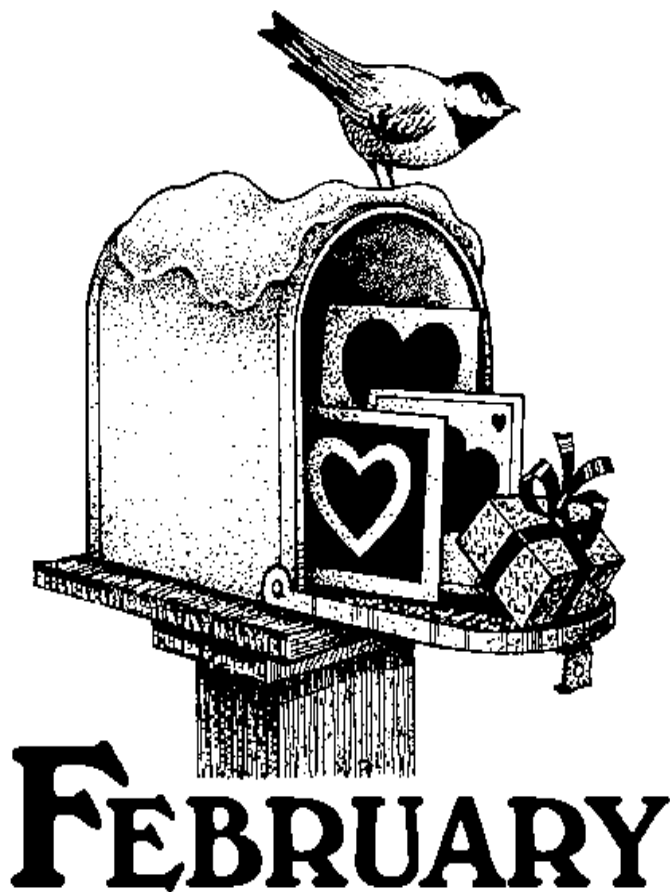
*The purpose of "Walking to Jerusalem" is to help us become more physically and spiritually active.* You'd say, "O.K., I understand the physically active part of walking 6400 miles; but where does the spiritually active part come in?" As we begin our walk, each participant/family will receive a walking packet explaining the program and containing devotions to be used during the trip as well as weekly "walking with God" cards. We'll also get to know a little about the cities, the countries and the people we'll be visiting along our route.

Sixty-four hundred miles means to a lot of steps, and we'll need a lot of participants to make the trip in just twelve weeks. Participation will not be limited to members of Zion but will be open to anyone who would like to make the trip with us. We would especially like to invite our members and friends who are away from home attending school, working out of town, or enjoying the snowbird life to join us on this virtual and spiritual journey.

How are we going to keep track of all these "steps" by all these people? For those who don't already have one, we're working on getting pedometers for every participant so they can record their steps. Each week the participants will write their steps on a chart posted in the foyer. Those who are away from home can send in their steps by phone or e-mail to the church office. We will have a large map posted near the "step chart" to post our collective progress. We also plan to have several special events along the way to keep us motivated and on the right path.

Now, let me ask you again. Would you like to join me in walking from Zion Lippe UCC all the way to Jerusalem by Pentecost? Look for further details in the weekly bulletins and the next issue of the Voice of Zion.

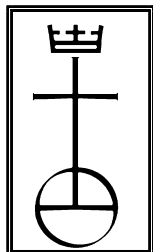
Donna L Hartig  
For the "Walk to Jerusalem" Committee



**Zion Lippe United Church of  
Christ  
Family of Faith Retreat  
At Santa's Lodge**

**February 15, 16 & 17  
2008**

*Theme will be "Light"*



ZION LIPPE UNITED CHURCH OF CHRIST  
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CHANGE SERVICE REQUESTED